

TAP INTO YOUR MOST powerful resource



We hold the key to your inner mind.
With our help you can open the
door to a new, happier, healthier you!

MORE POSITIVE CHANGES... Guaranteed Programs

- Weight Loss
- Stress Management
- Golf Improvement
- Pain Reduction
- Anxiety Control
- Motivational Enhancement
- Accelerated Learning
- Sales Improvement
- Sports Enhancement

NO-RISK GUARANTEE

After your first session
if you fail to attain
hypnosis, we will
refund 100% of your
money.
No questions asked.

www.resultshappen.com

REAL PEOPLE, **Speak out**

"I am 81 years old and have been smoking for approximately 60 years. On my first session prior to leaving the parking lot, I had about 10-12 cigarettes in my pocket that I put in the garbage. I have not smoked a cigarette since, nor have I gained any weight. The Hypnosis System was excellent and I would recommend it to anyone. I was amazed how quickly I kicked the habit with no side effects!!

Edgar Pitre

After smoking for over 35 years, I cannot believe that I quit after my very first session, POSITIVE CHANGES helped me do it!

Natalie Hamelin



CORPORATE PROGRAM TESTIMONIAL

The POSITIVE CHANGES program has shown excellent results. Several participants stopped smoking immediately, and a large majority significantly reduced their intake of cigarettes each day. These results will have an immediate positive impact on our corporate culture, and will reveal tremendous cost-savings over the long-term!

Jeff Weingarten, Health and Wellness Consultant
Canadian Tire Corporation

**POSITIVE
CHANGES**
CENTRES

BRAMPTON
905-454-7400

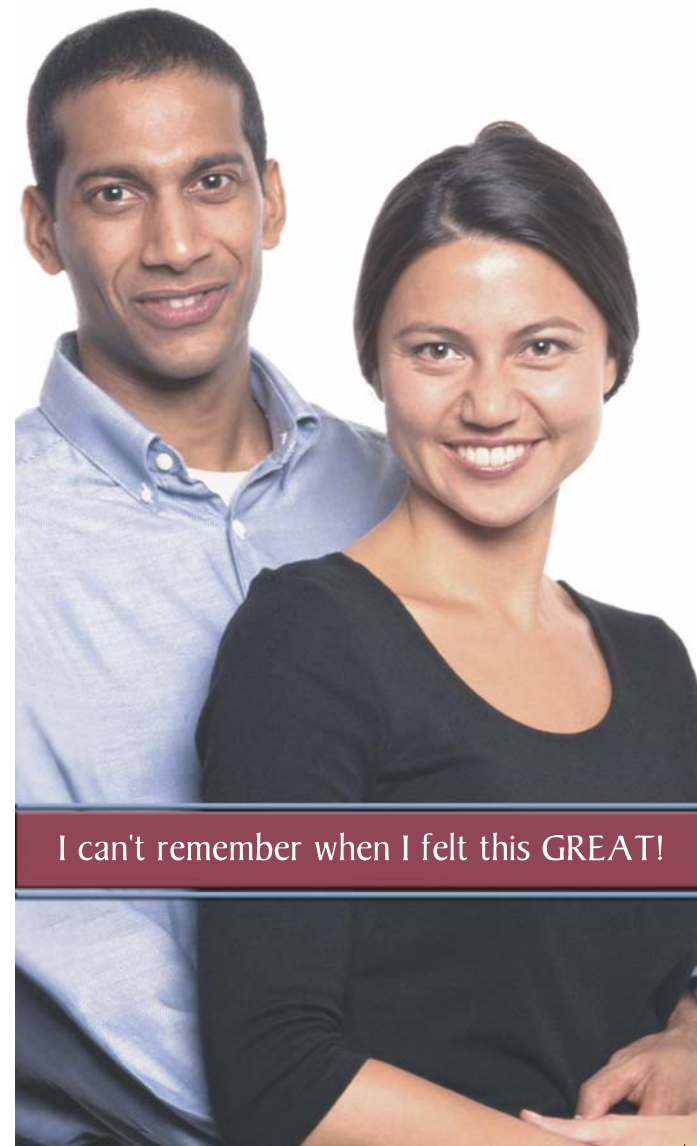
MISSISSAUGA
905-890-1818

HAMILTON
905-383-3500

www.resultshappen.com

SINCE I QUIT
smoking

**POSITIVE
CHANGES**
CENTRES



I can't remember when I felt this GREAT!



POSITIVE CHANGES guarantees that you will stop smoking in a natural, effortless, permanent manner, without ever feeling deprived. *No pills...no patches... no gums... no more cravings.*

Our program focuses on using the power of your subconscious, to stop smoking, easily and forever.

We are so confident in our ability to help you stop smoking. We promise to work with you as a team, until your goal is attained.

CLINICALLY PROVEN techniques

Scientific research has verified that the combined effects of light and sound produce a relaxed state of mind. **POSITIVE CHANGES** uses a technology called "Advanced Bio Feed In". This technology provides gentle pulses of light and sound. Through this method we safely unlock a door in your mind to gain access to your subconscious.

Once your subconscious is receptive, we gently guide your thoughts to embrace the changes that you want to make.

By using clinically proven techniques and positive suggestions, we can encourage your mind to develop it's own powerful internal strength to stop smoking.

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TAKE CONTROL of your life

Your health is important to you and to those who love you. Smoking has been proven to cause cancer; it's becoming increasingly expensive, and has become socially unacceptable.



IS HYPNOSIS safe?

Our **POSITIVE CHANGES** certified hypno-therapists, are professionally trained and follow strict ethical guidelines. You remain in control at every moment. You can terminate the hypnosis session at any time. Therapeutic hypnosis cannot make you do anything that you do not want to do.

WHY hypnosis?

The subconscious mind often stores negative thoughts or behaviors that can activate destructive habits resulting in a life long struggle. The most effective way to overcome this struggle is to reprogram your subconscious mind through hypnosis. In the altered state of hypnosis, the subconscious mind readily absorbs positive suggestions. With **POSITIVE CHANGES** we bypass your conscious mind and speak directly to your subconscious.

All you need is the desire and the commitment to create these POSITIVE CHANGES in your life.

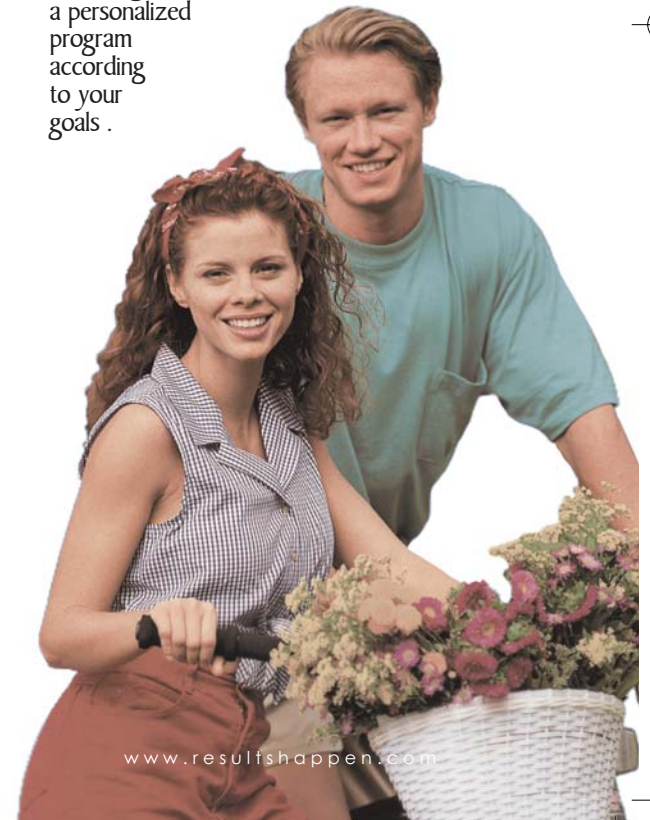
www.resultshappen.com

HOW DOES hypnosis work?

Habits are controlled by our subconscious mind. Our skilled hypnotherapists are working directly on your subconscious mind, targeting the habitual triggers that prompt you to smoke. The deep relaxation associated with hypnosis helps most people make an effortless transition to the healthier lifestyles of non-smokers.

IS HYPNOSIS for everyone?

It has been proven that if you are willing, most of us are perfect candidates for hypnosis. Call **POSITIVE CHANGES** today for your quick and easy free hypnotic screening. With a little background information from you, we can evaluate your needs and design a personalized program according to your goals.



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